

30th August 2016

Dear Club Secretary,

We are pleased to announce details of our Annual NAC Minnows Gala.

The paperwork and Hy-tek files for electronic entries are attached.

The event is being held in the National Aquatic Centre on Sunday 9th October 2016.

Looking forward to seeing you on the day!

Yours in swimming

Mags Kelly

Gala Co-Ordinator

NAC Swim Club

NAC Swim Club

Minnows Short Course Gala 2016

**MEET INFORMATION**

**VENUE:** National Aquatic Centre – Abbotstown, Blanchardstown, Dublin 15

**FACILITIES**: 10 Lane 25m Competition Pool /No cool down facilities available

2000 Spectator Accommodation

**DATE:** Sunday 9th October, 2016

Warm Up 8.00 – 8.50am Start 9.00am

Warm up 2.00 – 2.50pm Start 3.00pm

**Clubs will be notified of any change to warm up times**

**AGE GROUP 10 & Under, 11-12, 13-14, 15 & Over.**

**EVENTS** **12 & under 50m Back, Breast, Fly & Free**

**14 & Over** **100M Back Breast Fly Free**

**Open 200IM**

**RELAYS 10 & Under, 11-12 4x50 Free Relay**

# 13 -14, 15 & over 4x50 Free Relay

# 

**CLOSING DATE**: **Latest date for receipt of entries is 28/09/2016**

**Entries open to Swim Ireland members only and must include a current registration number.**

**ALL EVENTS WILL BE Heat Declared Winners**

**Events will be seeded based on times submitted and medals will be awarded to 1st, 2nd and 3rd in each age group.**

**ENTRY TIMES**: Where no entry times (NT) have been submitted, swimmers will be placed in the first heats of the particular Event.

**AGE GROUPS**: Age as 31/12/2016 determines your age group for this meet.

**ENTRY FEES:** €7.00 for each individual Event entered

€20.00 for each relay team entered.

**ENTRY ADDRESS** The Meet Director,

NAC Swim Club,

114 Castlefield Court, Clonsilla, Dublin 15.

**Latest date for payment 2/10/2016**

**EMAIL ENTRIES AND ALL QUERIES TO:** [**nacgalas@nacswimclub.com**](mailto:nacgalas@nacswimclub.com)

**The Organisers of the Event reserve the right to limit entries.**

## Session 1: Warm Up 8.00 am – 8.50am. Start 09.00am

Event 1 10 & Under 50m Butterfly Male

Event 2 10 & Under 50m Butterfly Female

Event 3 11-12 50m Butterfly Male

Event 4 11-12 50m Butterfly Female

Event 5 10 & Under 50m Breaststroke Male

Event 6 10 & Under 50m Breaststroke Female

Event 7 11-12 50m Breaststroke Male

Event 8 11-12 50m Breaststroke Female

Event 9 10 & Under 50m Backstroke Male

Event 10 10 & Under 50m Backstroke Female

Event 11 11-12 50m Backstroke Male

Event 12 11-12 50m Backstroke Female

Event 13 10 & Under 50m Freestyle Male

Event 14 10 & Under 50m Freestyle Female

Event 15 11-12 50m Freestyle Male

Event 16 11-12 50m Freestyle Female

Event 17 10 & Under 4x50m Freestyle Relay Male

Event 18 10 & Under 4 x50m Freestyle Relay Female

Event 19 11-12 4x50m Freestyle Relay Male

Event 20 11-12 4x50m Freestyle Relay Female

## Session 2: Warm up 2.00pm -2.50pm. Start 3.00pm

Event 21 14 & Under 100M Butterfly Male

Event 22 14 & Under 100M Butterfly Female

Event 23 15 & Over 100M Butterfly Male

Event 24 15 & Over 100M Butterfly Female

Event 25 14 & Under 100M Breaststroke Male

Event 26 14 & Under 100M Breaststroke Female

Event 27 15 & Over 100M Breaststroke Male

Event 28 15 & Over 100M Breaststroke Female

Event 29 14 & Under 100M Backstroke Male

Event 30 14 & Under 100M Backstroke Female

Event 31 15 & Over 100M Backstroke

Event 32 15 & Over 100M Backstroke

Event 33 14 & Under 100M Freestyle Male

Event 34 14 & Under 100M Freestyle Female

Event 35 15 & Over 100M Freestyle

Event 36 15 & Over 100M Freestyle

Event 37 **OPEN** 200M I.M Male

Event 38 **OPEN** 200M I.M Female

Event 39 13 -14 4x50m Freestyle Relay Male

Event 40 13 -14 4x50m Freestyle Relay Female

Event 41 15 & Over 4x50m Freestyle Relay Male

Event 42 15 & Over 4x50m Freestyle Relay Female

**Medals awarded to 14 & under and 15 & Over**